

Passover Shopping List

Passover Menus

Saving the Holidays

MENU

Chicken Livers with Currants
Matzoh Ball Soup
Chopped Apple Charoset
Nancy's Husband's Traditional Brisket with Tzimmis
Sautéed Baby Spinach
Chocolate Flourless Torte

SHOPPING LIST

The shopping list contains the food for the Seder supper, but not the stuff you'll need to make a Seder plate; should you want to make the Seder plate as well, so be sure to add those items to your shopping list.

MEAT

1 pound chicken livers
1 (4-pound) brisket, "first cut"

CONDIMENTS

Extra-virgin Olive oil
Vegetable oil
Corn or canola oil
Kosher red wine (need ¼ cup)
Honey (need 2 tablespoons)
Prepared Horseradish

PRODUCE

3 pounds onions
1 head garlic
1 bunch parsley
4 large Red Delicious apples
2 (10-ounce) bags washed baby spinach
2 ½ pounds plus 3 to 5 large carrots
2 to 4 sweet potatoes (depending on size)
1 pint raspberries

CANNED GOODS

12 cups (96 ounces) chicken broth (if not making homemade)

SPICES

Cinnamon
Black peppercorns
Nutmeg
Vanilla extract

DAIRY/DAIRY CASE

Eggs (need 16 or more)
Margarine (pareve)

DRY GOODS

Currants (need ½ cup)
Chopped walnuts (need 2 cups)
Almonds (need 1/3 cup, finely ground)
Granulated Sugar
Dark brown sugar
Cocoa powder
3 (10-ounce) packages matzoh

BEVERAGE

Wine AND/OR grape juice

OTHER

Foil wrap
Toothpicks
Plastic wrap

TOOLS OF THE TRADE

Blender/food processor
Large ovenproof pan with cover (Dutch oven)
15 ½ x 1½ x 1-inch jelly-roll pan
Baking sheet
Pepper mill