

When we have the expectation of magic in our lives, and that we can creatively work through the fear instead of being paralyzed by it, we can compartmentalize it. Without containing our fear, it spreads and metastasizes just like a cancer.

Here are 7 things that help us do that...

1. Acknowledge your creativity. Don't ever say "I am just not creative." Have you truly looked? I'm not talking about arts and crafts, I am talking about living outside the box and being solution-oriented. Your very ALIVENESS is God's creative brilliance in creating you! Look, seek, and find it!

2. Finish what you've started, otherwise you lose the magic!

3. Elizabeth Gilbert said, "Perfectionism is fear dressed up in fancy shoes and a mink coat." Fear in all its costume changes, shuts down everything, including the ability to create magic.

4. Instead of fear, use CURIOSITY as your guiding force. Ask the question "What if?" Can you imagine what it would be like if you did X, Y, and Z?

5. Courage is a fascinating study. It's more than bravery - it's grace under pressure. Bravery can confront without fear, whereas courage confronts **DESPITE** the fear. As E. E. Cummings said, "It takes courage to grow up and become who you really are."

6. You don't need permission, gurus, or books to **FIND** your own special magic. To find it, go to #7...

7. **FALL MADLY IN LOVE** with your own creativity - **DELIGHT** in it!

Remember, creativity isn't just doing artsy things...it's the **ACT** of turning **NEW** and **IMAGINATIVE** ideas into reality!