

Be it till you see it - NOT Fake it till you make it.

“To be a virtuous woman you must first act like a virtuous woman...” - Aristotle

Confidence comes out of genuine accomplishments and work. (But we knew that already) Not from PRETENDING!!

Amy Cuddy, author of Presence says, *“Don't fake it till you make it. Fake it till you become it.”*

Did your mother ever tell you to put on a happy face, or to just smile? Faking it is phony - who wants someone to pretend to them?

If you want to grow, if you want to **BECOME** the **VIBRANT** woman you have been called to BECOME, then your call to action isn't faking it anymore - instead, it's “To be it until you see it!”

The difference?

- **Showing up** - Being that person means you show up, you don't **PRETEND** to show up - You don't just talk, you **DO**. FAKERS fake the doing part.
- **Doing as if** - You might not be exactly where you want to be, BUT the more you DO the better you get.
- **Thinking as if** - What would my higher self think about this situation?

The big, vibrant vision you are casting for your life is to live **GENUINELY WHOLEHEARTEDLY** and in **ALIGNMENT** with **THE HOT DESIRE** of what you **WANT** - Who you want to be and what you want to accomplish

When you act and make decisions as if you were that person (What would an athlete do? I am an athlete so...) you want to become while doing and believing all of that which moves you towards your goals.

- Your Goals are the energy behind what you want
- Your Goals are the framework to get it.
- Your Goals are the **INFLUENCE**, belief system, the decision-making practices, the environmental driver behind all of it.

Fake it till you make it? Disingenuous Horse Pucky. BE IT till you see yourself BECOMING! It's genuine, not more fakery!