

We often think our focus is out of reach; it's "too hard," we have ADD, etc.

I say that's just an EXCUSE!

You know why? If I gave you a million dollars to reach your goal, you would miraculously find your focus!

Guaranteed!

Focus is a decision - even when it's hard, even when you're faced with ADD/ADHD.

Focus goes where our attention goes, so PAY ATTENTION!

Remember - **Follow One Course Until Success.**

You're planting a Focus garden, all based on what you love. If you hated daisies, I doubt you'd plant them in your garden, right?

So your vision (make it vibrant!) for your life includes goals - of course! But those goals are part of the garden too.

They need FOCUS.

Seeds, like everything else being Fully Bloomed, have a gestation period. It's the invisible work that no one sees.

Preparation, planning, creating, and ACTION all require Focus!

This is how you can win a million dollars! 😊

To plant your own Focus garden:

- 1) Prepare the soil - get it all ready.
- 2) Place the seed in the garden, water it, and focus on the beauty that will fully bloom.
- 3) Weed - you don't want your dreams choked out.
- 4) Focus creates more of the same - to make a beautiful garden requires daily attention.
- 5) Are you willing to get your hands dirty?

If you do the work, you will get the reward! ❤️