

To envision means to IMAGINE something as a future possibility. It's the act of visualization - to think of, or picture in your mind.

Envisioning holds fast to a vision, full stop.

We all need a vision because a vision is a guiding light, principle, or goal that directs our energy, thoughts, resources, and even emotions.

Proverbs 29:18 says, "Where there is no vision, the people perish."

The Hebrew word paw-rah' means "to perish," in the context of being unconstrained and directionless. Paw-rah' was the word used in a biblical proverb where a woman's hair was let out of its covering (hairband). Unconstrained in the wind, her hair was directionless and blown in all directions.

And just like a woman's unrestrained hair, directionlessness does not create a vibrant life.

Your vision that you ENVISION is simply holding a bigger picture for your life - it's wanting more than you currently have and having a HOT DESIRE to define, refine, and possibly REDEFINE what it is you want your life to look like.

Mission-oriented companies do that.

Saving Dinner's mission statement is "Bringing families back to the dinner table, one healthy meal at a time."

However, I would redefine that now to include more -
"Bringing women back to their vibrant selves; heart, mind, body, and soul."

Do you have a VISION for your life?

If not, here's how to set one up:

1. Define your Hot Desire. Use the WHY Matrix, and keep asking Why until you reach your core desire.
2. Think about what you desire, NOT what you don't want.
3. Ask "What if..." and "Can you imagine..." to spark creativity and give yourself permission to dream.
4. INVEST in yourself! There is an exchange, and PROs know this! (We touched on this on Monday!)
5. Emote like a pre-teen over a boy band. Hang your vibrant vision board on your wall and get excited over it!

6. This is about YOU, not them. Stop dancing like Quick Draw McGraw.

7. Reverse engineer it - what will get you there? What are you doing? Who are you talking to?

8. Be a dedicated bridge builder - the GAP is real! It's not about the distance, but the dedication. How far you need to go to get where you want will happen, so keep your focus on being dedicated.

9. Take INSPIRED action. (I'll be talking more about this during today's show!)

10. Specifics aren't details.

PROs get VISION and create clarity around their lives to support the vision.

Remember without vision, you perish - you become directionless, unconstrained, and purposeless.

Take the time to visualize what you want - that is how you get it!