

## The Law of Compensation: How to Receive What You Truly Deserve

The **Law of Compensation** is one of the **Universal Laws of the Universe**, often linked to the **Law of Cause and Effect** but with a crucial difference: it deals directly with the **return you receive for the energy you put out into the world**—whether that's in the form of effort, kindness, skills, or even negative actions.

Understanding and applying this law **can change everything**—from the way you approach your work, relationships, and personal growth, to the abundance (or lack thereof) you experience in life.

### Law of Compensation vs. Law of Cause and Effect: What's the Difference?

Both laws are interconnected, but **they are not the same**.

✅ **The Law of Cause and Effect** states that **every action has a reaction**—what you put out will come back to you in some form. **It's the mechanism of how the universe balances energy.**

✅ **The Law of Compensation** goes deeper into how the return is measured and distributed. It states that **you will always be compensated in direct proportion to the**

**effort, service, or energy you give—positively or negatively.**

**Example:**

- **Law of Cause and Effect:** You work hard on a project → You get a promotion. (Your effort led to a result.)
- **Law of Compensation:** The level of mastery and value you bring to your work determines how much compensation you receive. (Your *quality* of effort determines the *quality* of return.)

Think of **The Law of Compensation as the currency of the universe.** It governs how and when rewards show up based on the **value and depth of what you contribute.**

**The Science Behind the Law of Compensation**

While this law is deeply rooted in philosophy and metaphysics, **science also backs up its core principles.**

**1. Neuroplasticity and the Brain's Reward System**

Your **brain rewires itself based on the effort and focus you put in.** Studies on neuroplasticity show that:

- The more **effort** you put into mastering a skill or improving yourself, the stronger your neural connections become.
- Your brain seeks **patterns of reward**—meaning if you

**consistently work towards something with intentionality**, your brain will adapt to find ways to bring you success.

☞ **Application:** Your skills, mindset, and habits will shape what opportunities come your way. The universe isn't just "watching"—your **own brain is ensuring that your compensation reflects your internal growth.**

## **2. Behavioral Economics: Value Determines Compensation**

The **science of behavioral economics** confirms that **value is the key factor in compensation**—whether in business, relationships, or life.

- The **most valuable players in any field earn the highest compensation.**
- Those who solve **bigger problems** tend to receive **greater rewards.**

☞ **Application:** If you feel under-compensated in any area of life, focus on **how much value you bring, not just how much effort you exert.**

## **3. The Law of Reciprocity**

Psychologists have found that **people naturally feel compelled to return what they receive**—this is called

**the Law of Reciprocity** (Cialdini, *Influence: The Psychology of Persuasion*).

- When you provide **genuine service, generosity, or value**, the universe (through people, opportunities, and circumstances) will compensate you in return.

👉 **Application:** Giving without expecting immediate return **creates a future wave of abundance.**

## **How to Apply the Law of Compensation in Your Life**

Now that you understand **why** the Law of Compensation works, let's break down **how to apply it.**

### **1. Stop Focusing on Just Effort—Focus on VALUE**

- Hard work alone doesn't equal compensation. **Value does.**
- Ask yourself daily: **“Am I creating more value today than yesterday?”**
- In business? **Increase your skills, solve bigger problems, and your compensation will rise.**
- In relationships? **Give a more meaningful connection, and deeper love will return to you.**

✅ **Obscure but Powerful Trick:** Find an area where people **struggle the most**—and become a solution to that problem. Compensation always follows **problem solvers.**



## 2. Give Without Keeping Score (But Know Compensation is Coming)

- The **universe does not ignore energy**. If you are consistently giving, you will be compensated—but not always from where you expect.
- If you give love, help, service, or value **without attachment**, compensation comes in forms you can't predict—money, opportunities, new connections, or unexpected breakthroughs.

✅ **Obscure but Powerful Trick:** When you feel **resentful that you're giving more than receiving**, shift your perspective to:

*"How am I allowing compensation to come back to me?  
Am I blocking abundance by expecting it from only one place?"*

## 3. Identify Where You're Blocking Your Own Compensation

- Many people sabotage themselves by **feeling unworthy of compensation**.
- If deep down, you believe:
  - *"I don't deserve more."*
  - *"I have to struggle to earn."*
  - *"There's not enough to go around."*
  - *"If I receive, someone else must lose."*

**Then you will unconsciously block compensation.**

✓ **Obscure but Powerful Trick:** Write down what you believe about **receiving**. Replace scarcity-based thoughts with:

*"I am compensated in perfect alignment with the value I bring. More value, more compensation."*

#### 4. Elevate the Energy You Put Into the World

The Law of Compensation **isn't just about money**.

- If you radiate **positive energy**, you will be surrounded by uplifting people.
- If you spread **fear or negativity**, you will attract more of the same.

✓ **Obscure but Powerful Trick:**

- Start a **small daily habit** of sending good energy out **without needing recognition**.
- Compliment someone. Leave a kind note. Help a stranger. These **micro-compensations** create a ripple effect of abundance.

#### 5. Align Your Actions With Your Desired Compensation

- If you want **financial abundance**, study wealth-building.
- If you want **stronger relationships**, practice emotional intelligence.
- If you want **opportunities**, take bold, visible action.

The universe cannot compensate for actions you **haven't taken.**

✅ **Obscure but Powerful Trick: Every night, ask:**  
*"Did I act today in alignment with the compensation I seek?"*

**Final Thoughts: Compensation Is Always in Motion**  
The Law of Compensation is always working—whether we realize it or not.

💡 **You are being compensated right now for the energy you've put out in the past.** If you want better results, start changing your **value, mindset, and contribution.**

⚡ **Take radical responsibility for your energy, and the universe will take radical responsibility for your rewards.**

🔥 **When we look for jobs, we often look for a compensation package. What if we did that with our lives and based that “package” on the good we put out there? Just a thought...let me know what you think!**