

## **Vast, Vivid Vision.**

What does this mean?

Vast means something that is large, expansive, immense, or of a very great extent or quantity.

Vivid means to produce powerful feelings or strong, clear images in your head.

Vision is the faculty or state of being able to see.

**Proverbs 29:18 says, "*Where there is no vision, the people perish.*"**

These 3 things - vast, vivid, and vision - are ultimately connected when you use them:

- Vision clarifies and helps you either define or find your purpose.
- It helps you see beyond yourself.

How do you do this?

1. Calm and meditation help you see and create that vivid vision.
2. Ask yourself, "What if...?" What would your lovely life look like?
3. Feel it - vividly!
4. Remember YOUR vision, nobody else's. (No people pleasing allowed!)
5. Brain dump - write it out.
6. Reverse engineer it using 12 week goals. (Use your TBYL Journal!)
7. Make a vision board and put it somewhere visible.