

There are so many articles and blog posts online about how to become wise, but I haven't seen any about DECIDING to become wise - just wisdom in decision-making.

Wisdom is the quality of having experience, knowledge, and good judgment. So how do we become wise?

- Start with your thinking and make the decision to become a Wise Woman.
- Expand your thinking and be open to others as well as yourself. When we listen wholeheartedly, wisdom shows up.
- Look towards the future, not just today.
- Use the past, but don't dwell on it. Put the lessons in the experience file.
- Ask yourself "What's next?"
- Dwell upon who you are, why you're here, and what your purpose is.

When we decide to become wise, we understand our limitations - we are human after all. Know-it-alls aren't just annoying - they're egotists, arrogant, condescending, usually biased, and unwilling to learn a different perspective.

The Wisdom Decision shifts from know-it-all-ness to a perpetual student mentality - being genuinely interested in others as well as ourselves.

It creates WILLINGNESS. You've heard me say before that little hinges swing big doors, and that is what willingness does. It opens the door to wisdom.

What if I DECIDE to become a Wise Woman? DECLARE IT!

1. I'll listen more - there are so many who know more than I do.
2. I'll take more action - follow the directions wholeheartedly and do what's directed.
3. I'll stop focusing on the problem (and complaining about it) and focus on the solution.
4. I'll leave the past alone, and embrace the gift of today with an eye toward the future.
5. I'll take my time reacting so I can use my head fully. Wise Women ask questions instead of going off like a fire alarm.
6. I'll use the tools in my toolbox and build my customized bridge daily.
7. I'll love the journey - the journey is my life and is vibrancy itself!

Wisdom drops clues. When you stop overreacting, realize you know less than you thought, start trusting your beautiful self, and embrace your intuition, you reveal the beautiful, Wise Woman inside.